McKinsey.org

Ready to shape your future?

Take a step Forward with our free skill building program

McKinsey.org Forward is a free online learning program that helps you develop new ways of thinking, expand your skills, and grow your confidence – so you're ready to succeed in the future of work.

Learn More

McKinsey.org Forward learning journey

What awaits you

- ✓ 10 weeks of interactive learning
- ✓ Essential workplace skills that open doors
- ✓ Global network of lifelong learners
- ✓ Digital badge to showcase your achievement

Skills you'll build

1. Problem Solving
2. Communication for Impact
3. Digital and AI Essentials
4. Adaptability & Resilience
5. Relationship Building
6. Well-being at Work

How it works

Core Skills Level (10 weeks)
~2 hours per week at your own pace

Build practical skills through interactive online courses and webinars. You'll explore essential workplace capabilities while applying what you learn through reflections and real-world practice.

Network Level (Ongoing)

Join our vibrant global community of graduates. Access exclusive learning opportunities, connect with peers, and pay it forward through volunteering.

Are you eligible?

Forward is for people who:

1. Live in one of the 130+ countries where Forward is available
2. Are working or have prior work experience (including internships or apprenticeships), or are preparing to start work sometime in the next 12 months
3. Have less than 5 years of total work experience**
4. Have completed at least a high school education or equivalent (e.g., GED)
5. Have a good command of English or Latin American Spanish

**Applicants with more than 5 years of experience may still be eligible if they work in the nonprofit/NGO sector, a non-corporate setting, or in non-managerial roles.

Ready to make your move?

With **McKinsey.org Forward** you'll have the skills and mindset to meet whatever comes your way.

Free • Flexible • Transformative
10 weeks • 2 hours per week • Available in 130+ countries

Apply at mckinsey.org/forward

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